



# HOME,



The Flavours of Telok Blangah







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# Home, Cooked

The Flavours of Telok Blangah

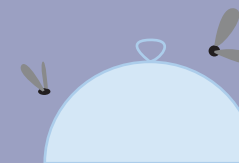
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## Don't Play With Fire!

Just like the rest of Singapore, Telok Blangah has a high temperature. Ensure that you have sunblock to shield yourself from harmful UV rays.



## Keep the Flies Away!

Just like a freshly prepared meal, Telok Blangah must be kept clean in order for surroundings to be hygienic and conducive for living.



## Keep Cool and Fresh!

Stay hydrated while exploring Telok Blangah, it's large and can get quite hot.



## Temenggung Abdul Rahman

Temenggung Abdul Rahman was the first Malay chief with whom the British discussed a British settlement in Singapore. He governed several settlements in Singapore comprising Orang Laut, Orang Seletar and Orang Kallang. During the signing of the Singapore Treaty on 6 February 1819, Temenggung Abdul Rahman and his patron, Sultan Husain, allowed the British to establish a trading post in Singapore with yearly allowances given to Sultan Husain and the Temenggung in exchange. Sir Stamford Raffles returned to Singapore in 1822, displeased with the large degree of authority the Sultan and Temenggung had under Farquhar's rule, which made him craft an agreement that forced both to relinquish their authority over Singapore in exchange for larger allowances. Temenggung Abdul Rahman was also moved from the Singapore River to Telok Blangah in 1823, which was considered a less desirable area. However, the land flourished due to the Temenggung's control of the *gutta percha* (latex) trade. After the Temenggung died in 1825, his eldest son took over as Temenggung of Johor informally, followed by the second son Daeng Ibrahim formally in 1941.



Telok Blangah Heights



Reflections @ Keppel Bay



# Recipe One

## Residential Areas



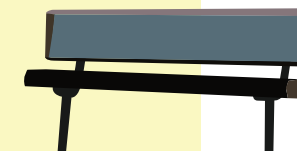


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# Ingredients

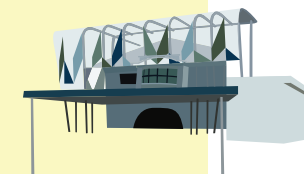
## Communal Areas

Telok Blangah has many spaces for neighbours to interact, such as neighbourhood gardens and plenty of benches along corridors and walkways. These spaces allow residents to intermingle, facilitating bonds between neighbours.



## Community Clubs

In a neighbourhood, places that foster community spirit and social ties among neighbours are crucial. Telok Blangah is known for its high community involvement, with records of its many activities dating back to the rise of Modern Singapore.



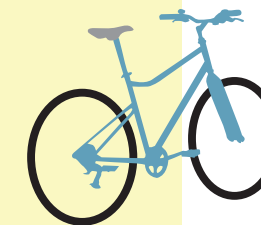
## Food

To ensure that residents have sustenance, your town needs to have a wide enough variety of food for residents to enjoy. Telok Blangah boasts many local and overseas delicacies, with two major food centres and food markets at each of the housing estates in Telok Blangah. Head to Telok Blangah Food Centre or Telok Blangah Crescent Food Market, and you will be spoilt for choice!



## People

Without residents, the town prepared for people to live in would be of no use. Telok Blangah has a diverse town demographic, from newlywed couples and young children to aged residents who have spent their whole life in Telok Blangah.



## Public Housing of Different Colours and Structures

Telok Blangah is divided into two main housing estates separated by Mount Faber, Telok Blangah Heights and Telok Blangah Crescent. Though in the same town, the two housing estates are notably different in their architectural styles and colours. This gives Telok Blangah notable differences within itself.

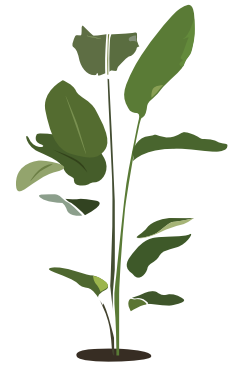


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## Method — Residential Areas



1. Thoroughly clean and continuously maintain housing estates and Community Clubs.
2. Check all food centres to ensure good hygiene.
3. Split public housing into two sections with different colour schemes. Shape the two into different shapes and put them on opposing sides of the pot.

4. Add people into the pot. Stir well upon adding, such that there will be a diverse mix of people spread out throughout the pot.

With people spread out over Telok Blangah, people of different backgrounds and life experiences can mingle and forge social bonds. This would lead to greater mutual understanding between various ethnic and religious groups, as well as people with different upbringings. This makes Telok Blangah a melting pot of shared culture and skillsets.

5. Add activities available in the Community Club to taste. The more generous the helping, the more flavourful the dish!

With Community Clubs, residents will have more chances to bond over shared community facilities and courses that promote neighbourhood spirit and a sense of belonging. New, resident-initiated programmes can also be launched, truly making Telok Blangah unique.

6. For the amount of people added into the pot, halve the number of communal areas and add to pot. Mix well, ensuring that they are evenly spread throughout the pot.







21A Telok Blangah Crescent

## Amphitheatre-Style Architecture

Amphitheatre style architecture provides spaces for performances and activities, encouraging community spirit. This style of architecture is also unique to Telok Blangah, with many of such structures found around the town.



15 Telok Blangah Crescent



48 Telok Blangah Drive





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**Telok Blangah Crescent Food Centre**  
Located in Telok Blangah Crescent, the food centre-cum-market boasts a wide range of products, from fresh produce to fish and poultry. The food centre offers various cuisines.

The decor of the food centre is easily characterised by the vibrant primary colours on the exterior panels. Many of the stalls take on this same colour scheme (as shown in the photo, left).

11 Telok Blangah Cres, Singapore 090011



**Old Habits Boutique and Cafe**  
Tucked into a corner at SAFRA Mount Faber, this vintage cafe nestled among the greenery of Telok Blangah offers healthy and substantial portions of fusion food.

The cafe has an impressive display of familiar items from the 1960s and 1970s, some items even dating back to the wartime period.

2 Telok Blangah Way, SAFRA Mt Faber, #01-04  
Singapore 098803



**Telok Blangah Food Centre**  
Similar to the hawker centre and market mix in Telok Blangah Crescent, the residents of Telok Blangah Heights enjoy the wide variety of food and produce offered.

The compound is sprawling, and the exterior colour matches the HDB blocks surrounding it, with neutral, beige tones.

79 Telok Blangah Dr, Singapore 100079

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## Communal Areas

In Telok Blangah, there is a large variety of meeting spots available, with different styles of architecture and designs, giving residents a regular meeting point as well as enough options for variety. This builds bonds between residents and allows them to interact on a personal level.

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## Radin Mas Ayu

Radin Mas Ayu was a Javanese princess, daughter of Pangeran Adipati Agung (a brother of the Sultan of the Javanese kingdom). She was born from a secret marriage between Pangeran and the lead dancer of a dance troupe. When Pangeran was wed to the daughter of the Sultan of Singapore in his second marriage, she grew jealous of Radin Mas, and plotted against her in order to gain the full attention of Pangeran. Hence, the stepmother's nephew, Tengku Bagus, drugged Pangeran and trapped him in a deep well in order to propose to Radin Mas without interference - also threatening Radin Mas that her father would be killed if she turned down his proposal. However, Pangeran was rescued and Tengku Bagus, afraid of Pangeran's revenge, tried to kill Pangeran first. However, Radin Mas jumped in front of Tengku Bagus' *keris* (weapon) to save her father, dying. Radin Mas Ayu's shrine, Keramat Radin Mas, is located at the foot of Mount Faber. The Radin Mas Constituency, Radin Mas Primary School and Radin Mas Community Club are named after her in remembrance of the filial young princess who met her end far too soon.



Henderson Waves

Telok Blangah Hill Park

# Recipe Two

Green Spaces

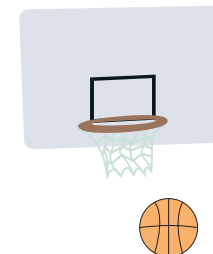


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## Ingredients

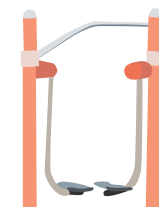
### Facilities for Exercise in Communal Spaces

Communal gyms and sports facilities (badminton courts, dance studios) that are available to residents at a low/no membership fee are also important in ensuring the fitness and good health of residents. They can be located at known community spaces, such as Community Clubs. They offer an alternative for different types of exercise as well as those who are sensitive to exercising in Singapore's hot weather.



### Fitness Corners

Residents can keep fit and lead an active lifestyle by heading to fitness corners at the foot of HDB blocks for a quick workout, to stretch and move around to get their blood pumping.



### Green Areas and Nature Trails

For residents to relax amongst nature, green spaces and nature trails are necessary for towns. Telok Blangah is teeming with nature and wildlife, housing Mount Faber. However, even without these iconic neighbourhood spots, there is no lack of well-grown shrubs and trees in the vicinity. No matter where you choose to walk, there are large expanses of greenery, creating an environment of quietude and serenity. Telok Blangah is also an area with many conserved trees as marked out by NParks, including the Angsana, Keyu Arang and Kedawong trees. This abundance of greenery has also created opportunities to establish nature trails - namely Telok Blangah Hill Park and Southern Ridges (with a large part located in Telok Blangah).



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## Method — Green Spaces

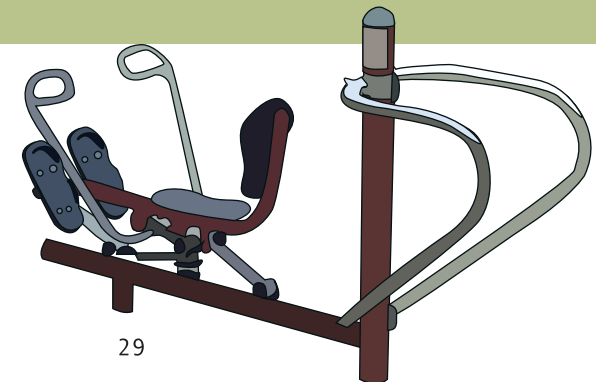
### 1. Add the greens and bring to a boil.

These green spaces serve as meeting spots for residents, especially the elderly and young children as these spaces would be safe neighbourhood communal spaces for regular meetups. Additionally, there would be cleaner air and calming atmosphere for all residents to relieve stress or just enjoy the tranquillity of being amongst nature. Nature trails can also be a form of exercise for residents. An example of this is Telok Blangah Hill Park and Mount Faber, which is an integral part of the lifestyles of those living in Telok Blangah. With these areas heavily steeped in nature, residents can enjoy the view while exercising. The trails are also linked to other nature trails in Singapore, with a considerable length in Telok Blangah itself. This offers accessible options for exercise in Telok Blangah.

### 2. Dice fitness corners into equally sized cubes and add to pot, stirring to ensure it is evenly spaced throughout pot.

### 3. Clean facilities and continuously maintain temperature when added to pot. Mix well.

Ensure that the facilities are well-maintained by scheduling regular checks. These checks will keep all facilities in good condition for residents to safely use.

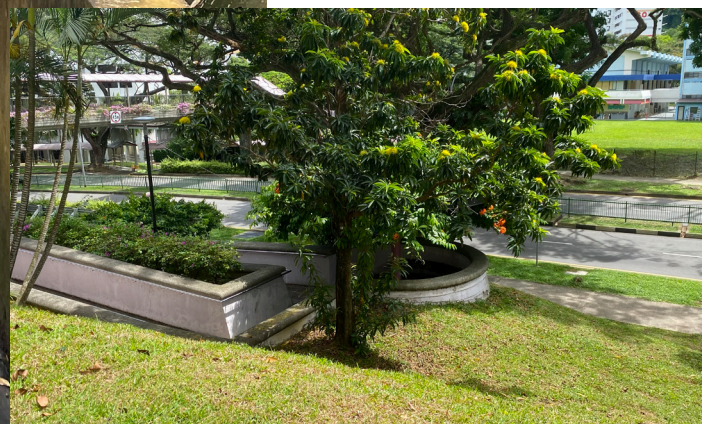


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## There's green, everywhere!

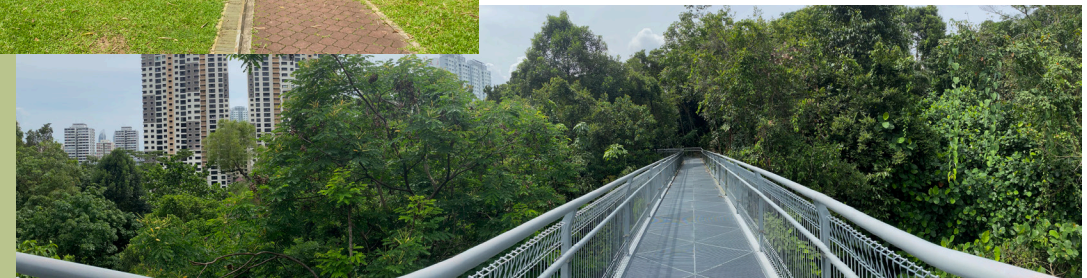
There are green spaces throughout Telok Blangah as well - you don't have to go all the way up to Telok Blangah Hill Park to admire the greenery. The town is filled with various hues of green from the plethora of trees in Telok Blangah.

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Boasting a wide variety of flora and fauna, Telok Blangah Hill Park's Stream Garden boasts a pond with frogs, fishes and terrapins. With the plants, the Stream Garden truly flaunts nature at her finest.



## Mount Faber/ Telok Blangah Hill Park

Mount Faber Park, and Telok Blangah Hill Park are of the Southern Ridges trail, and there is plenty to explore there. The Hilltop Walk and Forest Walk forms a 2.3- kilometre-long raised pathway that cuts through Telok Blangah Hill Park towards the portion located outside Telok Blangah. The path features large diversity in flora and fauna as the route takes you through Telok Blangah's secondary forest, with several vantage points overlooking Telok Blangah as the structure grazes the canopy of the trees. This idyllic setting would put any mind at ease.





Not all vegetables and fruits have to be grown in farms - find out the wide range of greens the Therapeutic Garden boasts that can be grown at home too!



Feel the textures of the different plants at the Therapeutic Garden - the curvatures and jagged edges of different leaves and stalks that give plants unique characteristics.



Welcome to Telok Blangah Hill Park's Therapeutic Garden!

As you enter, you'll be greeted by the different aromas and hues of the different plants in the garden. These have been properly sectioned into their different sensory categories. Take a look around!

## Therapeutic Garden

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## Active Living

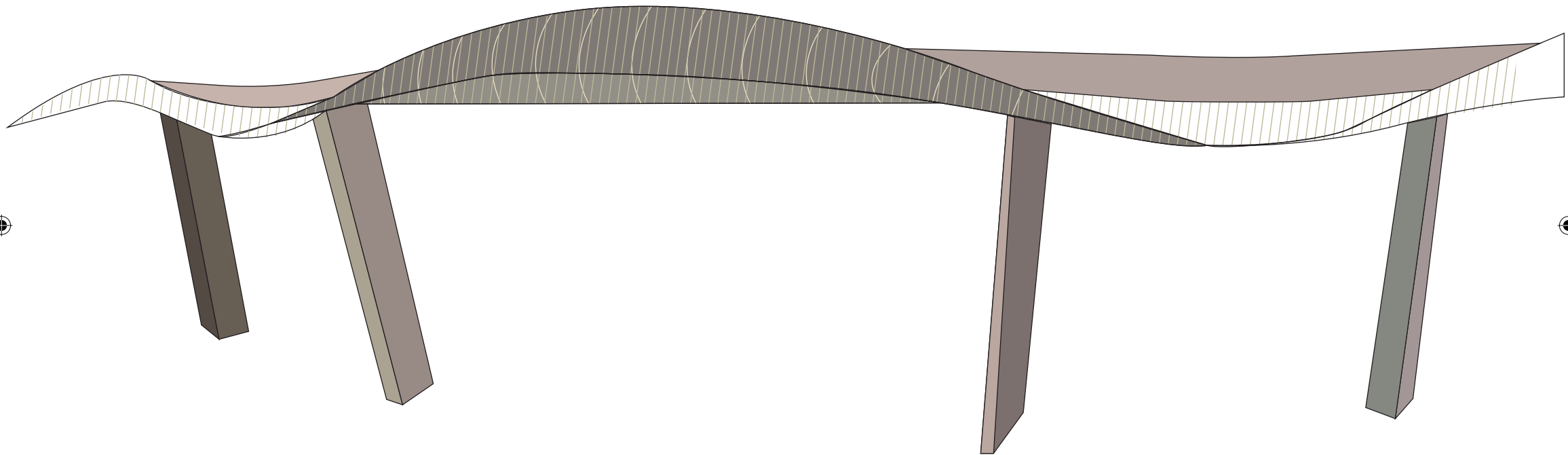
Spaces for active living are important for residents to be able to keep fit and healthy. Spaces like fitness corners, playgrounds and basketball courts are able to help residents maintain an active lifestyle.







The Henderson Waves, as its name suggests, take the shape of waves, with multi-coloured lights illuminating the 274-metre path at night. Visitation rates by tourists and locals alike are high, with many going to Henderson Waves to jog, bird-watch and bask in nature.











## Sang Nila Utama

Sang Nila Utama was a Srivijayan prince, as well as the founder of the Kingdom of Singapura in 1299. He is credited with giving olden-day Singapore the name 'Singapura', after seeing a beast with a red body, black head and white breast. It was identified as a lion by his chief minister, and hence came the name Singapura, meaning 'Lion City' in Sanskrit. On his way to Singapore, his ship was tossed about in the waves due to a large storm that started to flood the boat. In attempt to save the ship from sinking, Sang Nila Utama's men threw all the heavy things into the sea to reduce the load on it. However, water kept entering the ship. The ship's captain advised Sang Nila Utama to throw his crown overboard as a gift to the sea, which worked as the storm quelled and they reached Singapore safely. It is widely believed that the beach he landed at was where Telok Blangah is currently located. This is recognised by Telok Blangah's residents, which has a large mural of Sang Nila Utama amongst other depictions of Telok Blangah's landmarks.



Gillman Barracks Art Gallery



Telok Blangah Heights Void Deck



# Recipe Three

## Attractions

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# Ingredients

## Activities

Tourist attractions are important in a town in order to generate revenue for local businesses. This also gives tourists and fellow locals a chance to learn more about Singapore.

### Mount Faber Cable Car

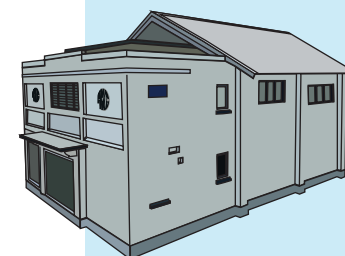
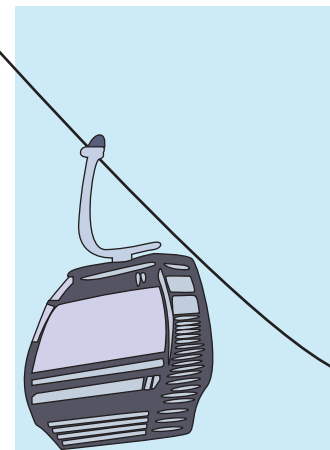
Telok Blangah houses the Mount Faber line of Singapore's Cable Car, which spans Keppel Harbour and connects to Sentosa. The 15-minute journey offers panoramic views of the city from Faber Peak, as well as an aerial view of the city lights at night.

### Guided Culture Tours

Telok Blangah is rich in culture dating back to 700 years ago, and there are walking tours uncovering the rich maritime history of Singapore. The eight-stop tour covers the over 200-year-old Marang Graves (old Muslim tombs), Masjid Temenggong Daeng Ibrahim (royal reception hall established by Temenggong Daeng Ibrahim), Keramat Radin Mas (shrine of Javanese princess Radin Mas Ayu) and more before ending at the Silat Road Sikh Temple.

## Interesting Architecture

Architecture is a means of visual representation, which also serves as a form of attraction. Interesting and unique architecture is hence useful in attracting tourists and locals to view such structures. Telok Blangah is home to Henderson Waves, Singapore's highest pedestrian bridge, as well as various colonial buildings preserved from the war.



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## Method - Attractions and Overall Engagement

### 1. Add architecture to the pot, make sure it is not blanded.

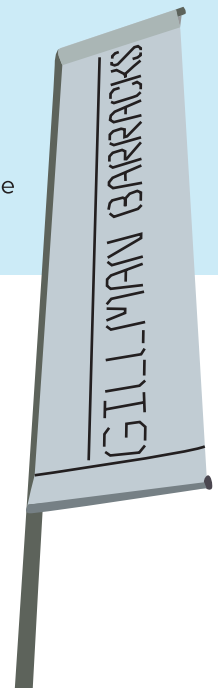
With interesting architecture, people from around the world hear of these structures and are interested to see it in real life, boosting tourism. It also puts Singapore on the world map in terms of architectural design.

### 2. Sprinkle a generous amount of activities into the pot.

Tourists and locals alike have a chance to learn more about Singapore (specifically Telok Blangah). This shines a spotlight on Telok Blangah's rich cultural heritage that is often overlooked. In order to preserve symbolic historic sites without wasting limited land in Singapore, the space can be used to hold activities, similar to what is being done in Gillman Barracks. Through this arrangement, people would be able to learn about Singapore's history while also participating in activities.

### 3. Add people to the pot and mix well.

Without people to appreciate the different architectures or activities available, they would be for naught.







Gillman Barracks is a contemporary arts cluster home to international art galleries and the NTU Centre for Contemporary Art Singapore. These galleries are housed in conserved colonial barracks, as the site was used as the military barracks of the British during the Second World War.

## Gillman Barracks

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# the present in the past

The past: History that influenced our present  
The present: Our story that influences future

Gillman Barracks was built to house British battalions during the war. Today, they give us a glimpse of how life was like for them in the past, as well as their tastes in architecture and development. Contrasting this with the modern style of buildings we see in Singapore today, we can truly appreciate how much Singapore has evolved.







'Telok', meaning 'the bay'. 'Blangah', meaning 'cooking pot'. Telok Blangah, the cooking pot bay. A quiet, yet vibrant town built on the recipes of many previous generations of which all the flavours blend together harmoniously. The eclectic mix of cultures, practices and ways of life bring about the melting pot of vibrant Telok Blangah we see today.





# The town where concrete is shrouded in a lush jungle.

From the concrete slabs of houses  
To the rich green of the trees

Everything is cleverly interspersed in  
order to create Telok Blangah





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